



## Proud Aspy Mom Newsletter | February 2022



### **This is true - If you met one person with autism, you met one person with autism**

February is the month of love and we are all conditioned to change our hearts and minds to give and receive in anticipation of Valentine's Day. Whether we admit it or not, the human experience is intimately connected to LOVING and CONNECTING with each other. It is no difference for those living with ASD. I had a couple of friends turn me on to a Netflix series titled, "Love on the Spectrum" recently. Let me be clear, I am not endorsing or saying the show accurately depicts all persons with ASD seeking love, but it does give a glimpse of differing experiences. It made me think- what will our teenager's experience be as she navigates this landscape.

The show follows individuals and couples as they go on dates and discover who they are and who they want to enjoy life with. I am struck by a quote I have heard over and over since we began this journey, "If you met one person with autism, you met one person with autism". Isn't it the same with each of us? If you have met one person you have met one person. We all experience love differently and that is the beauty of our humanity. My husband and I are anxious to see how our teenager flourishes over the next couple of years. Ahhhh- YOUTH AND LOVE- is always exciting.

## Love on the Spectrum

Finding love can be hard for anyone. For young adults on the autism spectrum, exploring the unpredictable world of dating is even more complicated.

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## Life of Color

Our teenage wants to be a thespian, actor, costume designer, script writer- ALL OF IT! I was so excited to learn of yet another series that attempts to show life on the Spectrum. Again, I am not endorsing any particular depiction of life for those with ASD. However, it is quite refreshing to have a visual portrayal of 20 to 30 somethings living with Autism.

The best part of this series is that the leads are on the spectrum. Sometimes when you think of artistic work you think about WHO has the privilege of sharing a particular story or point of view. In this series, the professionals are the professionals. To someone who has to tell their teenager daily they matter- this is HUGE! This is what access looks like!



### As We See It' Is Not a Typical Portrayal of Autism - The New York Times

In the new Amazon series "As We See It," Violet, a 25-year-old cashier at Arby's, desperately wants a boyfriend, but she is looking for love in all the wrong places (namely, Arby's).

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## There is a Place for Each of Us



Theater saved our family. In general it is a true pace of acceptance. The theater is where talent lives, where creative flourishes and were it is safe to BE yourself. Both of our children/teenagers/ADULTS benefitted from the beautiful world of thespians.

Our teenager on the spectrum affirmatively decided to join this spectacular world. While researching the series, "As We See It" I learned about The Miracle Project, which elevates individuals with all abilities. Regardless of our teenager's journey- it is reassuring to know that there are PEOPLE waiting to make her dream a REALITY

### BE PART OF A MIRACLE! - The Miracle Project

About The Miracle Project. The mission of The Miracle Project is to create a neurodiverse

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